

Marriage can often start with a dream of a “walk in the park”, but later can begin to seem more like “Custer’s last stand”. See whether you recognize any of these examples of marriage:

- **“The tortoise and the hare”** One spouse can never sit still and relax while the other does see any need to move. The view of one is that every experience is exciting while the other shows little interest in the same things.
- **“The ‘life of the party’ and the loner”** The one partner can hardly wait for something to start while the other can hardly wait for it to be over. The “party animal” enjoys being the center of attention while their spouse would rather be home reading a good book.
- **“The high and the mighty”** Both husband and wife are rugged individuals, secure and strong-willed. Their marriage works fine except when they are together. Then things begin to feel like a contest where one must win, while the other loses.
- **“The optimist and the pessimist”** One spouse sets a course for themselves without thinking of the consequences. The other moves cautiously and carefully, pointing out the potential pitfalls and wanting to investigate before proceeding.

Understanding the Love of Your Life is one of several seminars which are offered through LifeQuality International. Each seminar is led by one or more of our specially trained facilitators.



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Understanding the Love of Your Life

A Marital Team Building Seminar

***Good marriages are
examples not of perfection
but progression!***



The marital team building seminar

“Understanding the Love of your Life” gives you an opportunity to rediscover how you are created to meet the needs of your spouse.

The seminar contains these practical sessions:

1. What went wrong?

An interesting case study provides an opportunity for discussion about what leads to marital breakdown.

2. Understanding yourself.

Using a personality profile tool, you will come to understand why you behave in a certain way and in the process discover the strengths you bring into your marriage.

3. Understanding and relating to your partner.

In this session you will discover how to live with your partner” in an understanding way”. These insights will help you to dramatically improve your compatibility and lead to a deeper level of communication.

4. Increasing your versatility with your partner.

During this session you will learn how to develop your ability to meet your partner’s needs and how to overcome barriers that often bring a sense of “aloneness”.