

Whatever your situation, interpersonal relationships are part of your of your daily life. And in human relationships problems occur.

This seminar can help you to:

- Understand better the personalities of other people, and learn to understand each as an individual.
- Understand why people respond as they do and how you can influence their response ahead of time.
- Increase and deepen your understanding of the needs of other individuals and meet those needs.
- Realize the freedom in being yourself—and in allowing others to be themselves.
- Practice the importance of valuing others and their God-given personalities.
- Learn how to minimize tension in relationships.
- Develop lifelong skills of relating to more difficult people.
- Begin to apply these life changing principles wherever you are—with all the people in your life.

SharpeningYour People Skills is one of several seminars which are offered through LifeQuality International. Each seminar is led by one or more of our specially-trained facilitators.



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Sharpening Your People Skills Seminar

**Studies have shown that 85%
of our well-being depends on how
well we relate to other people
and how well we know ourselves.**



You'll work through these three crucial steps:

1. Self-discovery

Using a well-known personality discovery tool you'll learn about the abilities and characteristics which you possess. You'll identify your ideal work environment, relational needs, strengths and weaknesses.

2. Understanding others

Next, you'll learn about those closest to you. You'll gain a clearer understanding of the basic personality types – and how each is motivated most effectively. You'll learn why those closest to you react the way they do in certain situations.

3. Improving relationships

Finally, you'll learn how to use this knowledge to build stronger relationships. In this eye-opening segment, Sharpening Your People Skills takes you far beyond a personality inventory. You'll discover how to put it all to work in loving, serving and relating to others.

